



Employee Assistance Program Web Portal

Request Services, Browse Benefits

AllOne Health (formerly Sand Creek), the MCIT Employee Assistance Program partner, offers a range of benefits to help improve mental health, reduce stress and make life easier—all easily accessible through the member portal at SandCreekEAP.com.

Video, Chat and Telephonic Access

24/7/365 access to request mental health sessions and life management referrals

Thousands of Self-care Articles and Resources

Explore videos, provider resource locators, personal assessments, calculators and tools

Events Calendar and Free Webinars

Sign up for the latest webinars and online training sessions

How to Access the Portal

1. Visit SandCreekEAP.com and click "Sign Up" under Log In to Member Portal area on right
2. Create account credentials using the MCIT company code: **mncit**
3. A confirmation email will be sent to complete the process

