



HEALTHCARE PROVIDER FORM

- STEP 1:** Complete the participant section.
- STEP 2:** Ask your provider to complete their designated section.
- STEP 3:** Fax forms directly to HealthSource Solutions at 763-287-0789 or upload them [HERE](#) by **December 15, 2025**.

These forms cannot be submitted via email or in-person.
Form must be fully completed and legible to be processed.

PARTICIPANT SECTION

Date of Birth: _____/_____/_____ Gender (check one): Male Female

First Name: _____ Last Name: _____

Employee Spouse (if spouse) Name of employee: _____

Signature: _____

Email Address: _____

*I hereby authorize my health care provider to release the following health data to Healthsource Solutions.
 By signing this form, I agree with the health screening results provided below.*

HEALTHCARE PROVIDER SECTION

Total cholesterol: _____ Fasting Non-fasting

HDL cholesterol: _____ Blood pressure (mm/hg): _____/_____

Triglycerides: _____ Height (ft. in.): _____

LDL cholesterol: _____ Weight (lbs): _____

Glucose (mg/dl): _____

Health care provider's signature: _____

Health care provider's printed name: _____

Date: _____/_____/_____