# 2024 COMMUNITY HEALTH ASSESSMENT SUMMARY KANDIYOHI-RENVILLE CHB



## **Purpose**

The Community Health Assessment (CHA) uses data from local and state resources, community surveys, and local input to better understand and prioritize community health needs. Minnesota State Statute 145A requires each Community Health Board (CHB) to submit a CHA to Minnesota Department of Health (MDH) at least every five years. Submitting the top ten health priorities is a start of that process and necessary for narrowing down health issues to create a Community Health Improvement Plan (CHIP).

## **Partners**

- Local policy makers
- Hospital & clinics, other health care and long-term care providers
- Human Services, service organizations and agencies
- City and county government
- Schools
- · Foundations, churches and civic groups
- Health plans
- Community members

# **Preparation**

The Kandiyohi-Renville Community Health Assessment was prepared under the KaRe to Achieve leadership team and the Kandiyohi-Renville CHB, using data from MDH, CDC, MN Student surveys, PACT for Families surveys, SW Regional Adult Health Survey, U.S. Census, local hospital and clinics, and other data sources.

#### **Process**

<u>Phase 1</u>: Initial Planning Meetings and Data Gathering The KaRe to Achieve leadership group worked over a year to compile, find gaps in, and critique data from various sources.

<u>Phase 2</u>: Document Creation and Revision Data from various sources was gathered, analyzed and verified, after which the CHA was finalized.

Phase 3: Community Input
Kandiyohi and Renville Counties hosted Call to Action
Meetings with over 100 community members to share
findings of the CHA. The community groups selected
top health issues and priorities for each county.
Kandiyohi County has an ethnically diverse
population, whose voices were essential towards our
mission of health equity. Smaller community
meetings were held with these groups to gather their
input on the main CHA priorities.

Phase 4: Identify Top Ten Issues
The Kandiyohi-Renville CHB approved the top ten
priorities identified by the Call to Action and
community meetings. The Kandiyohi-Renville
Community Leadership Team (CLT) will make the final
selection of at least two health priorities. Decisions
are based on specific criteria: size of the problem, if
some groups were affected more than others,
community support, and if there were solutions and
resources available to impact the problem.

# Plan

Last cycle, the Kandiyohi-Renville CHB identified mental health as an issue to address for both counties in the (CHIP). Community groups from Kandiyohi County selected alcohol, tobacco, and other drugs and Renville County selected adverse childhood experiences as additional issues to address with local partners. This cycle's needs looks to be different, so this and our plan moving forward is likely to change.

# Top 10 Health Priorities Kandiyohi-Renville CHB





Access to Care - Access to care is difficult for general, mental, and dental health.



<u>Chronic Disease</u> - Diseases such as high blood pressure, asthma, and diabetes, which are chronic diseases that can last a lifetime.



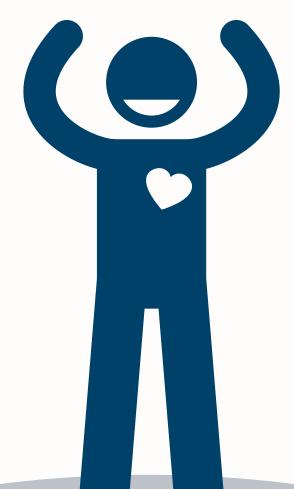
<u>Childcare Access</u> - Access to childcare from in-home providers to licensed centers.



Mental Well-Being - Effects of mental health difficulties are related to the majority of health issues.



ACEs - Adverse childhood experiences (ACEs) are negative experiences that shape lifelong health.



Adolescent Health - Sexual activity, bullying, and substance use among students.



Substance Use - Consumption and purchasing of illicit and legal recreational substances by our general and student population.



<u>Food Security</u> - The ability for people to find healthy and nutrient dense foods.



<u>Housing Stability</u> -Stability and affordability of renting and owning.



Aging Population - The state of our population and unique challenges that lie ahead due to general aging trends.